



First Floor - Cedar Grove & Cherry Lane

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Church Service - Dini 11:00am Hymn Sing - Dini 2:00pm Painting Group - TR	2 10:00am Coffee Club - TR 11:00am Short Stories - Dini 1:00pm Daily Delight - Vari 2:00pm Board Games - Dini 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	3 11:00am Outdoor Strolls - Walk 1:00pm Daily Delight - Vari 6:30pm TV BINGO- 1st DR	4 10:00am Manicures - Vari 1:00pm Daily Delight - Vari 2:00pm Bingo -1st DR 3:30pm Sangria on the Patio 6:30pm Taste Bud Travel - TR	5 1:00pm Activities on the Go - Vari 2:30pm Christian Church Service - Dini 6:30pm Lemonade Social - Dini	6 10:00am Food Committee with Nil- 1st DR 10:00am Wheelchair Strolls - Walk 11:00am Visits with Penny - Vari 1:00pm Daily Delight - Vari 2:00pm Spin it - Dini 2:30pm Horse Racing-TR 6:30pm Visits with Crumb- VARI	7 Rose Donation from the Rotary Club! 10:00am Laundry Helpers - Dini 11:00am Roses from the Rotary Club - Vari 2:00pm Bingo- 1st DR
8 10:00am Church Service - Dini 11:00am Calendar Planning - 1:00pm Daily Delight VARI - Vari 2:00pm Sing Along - Dini 6:30pm Dolly Parton Live - Dini	9 10:00am Short Stories - Dini 11:00am Reba Show - Dini 1:00pm Daily Delight - Vari 1:00pm Wordsearch on the Go - Vari 2:00pm Drumfit-1st DR 4:00pm Art & Music on the Patio 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	10 8:00am Breakfast Club - TR 10:30am Resident Council -1st DR 11:00am Trivia- Sunroom 1:00pm Daily Delight - Vari 1:00pm Ice Cream Cart - Vari 2:00pm Bingo -1st DR 6:30pm TV BINGO- 1st DR	11 10:00am Coffee Club - TR 11:00am Wheelchair Strolls - Walk 2:00pm Service with Lawrence - Dini 4:00pm Wheelchair Strolls - Walk	12 11:00am Hangman - Dini 2:00pm Catholic Service - Dini 3:00pm Fishing Game - Dini 6:30pm Lemonade Social - Dini	13 1:00pm Daily Delight - Vari 1:30pm Walmart Outing - 2:00pm Design a Kentucky Derby Hat- Dini 6:30pm Mens Club Pizza & Brews - TR	14 10:00am Doll therapy - Dini 11:00am Manicures - Vari 2:00pm Bingo- 1st DR
15 Father's Day 10:00am Church Service - Dini 11:00am Hymn Sing - Dini 2:00pm Fathers Day Social- 1st Dini	16 10:00am Coloring - Vari 11:00am Short Stories - Dini 1:00pm Daily Delight - Vari 2:30pm Father's Day Mini Putt - GR 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	17 10:00am SandBags - Dini 11:00am Wheelchair Strolls - Walk 1:00pm Daily Delight - Vari 3:00pm Music on the Patio (sensory) - Fron 6:30pm TV BINGO- 1st DR	18 10:00am Matching Game - Dini 11:00am Spin It - Dini 1:00pm Daily Delight - Vari 2:00pm Music with Spencer Scharf - Dini 3:00pm Spin It - Dini 6:30pm Visits with Bambi VARI	19 10:00am The Carol Burnett Show - Dini 1:00pm Activities on the Go - 2:00pm Outdoor Social - Fron 2:00pm cookie cart - Vari 6:30pm Lemonade Social - Dini	20 10:00am Balloon Swat - Dini 11:00am Walking Program - Walk 2:00pm Birthday Party with Gerry - Dini	21 Indigenous Peoples Day 10:00am Dreamcatcher Craft - TR 11:00am Doll Therapy - Dini 2:00pm Bingo- 1st DR
22 10:00am Church Service - Dini 11:00am House and Home - Dini 2:00pm Outdoor Social - Fron	23 10:00am Trivia - Dini 11:00am House and Home - Dini 11:00am Hangman - Dini 2:00pm Spin It - Dini 6:00pm Pet Therapy Visits with Daisy - Vari	24 St Jean Baptiste 10:00am The History of St.Jean Baptiste - Dini 11:00am Wheelchair Strolls - Walk 1:00pm Daily Delight - Vari 2:00pm Bingo -1st DR 3:45pm Manicures - Vari 6:30pm TV BINGO- 1st DR	25 11:15am Picnic by the water Outings - 3:15pm Ice cream Cart - Vari	26 11:30am Canada Day BBQ - Back	27 10:00am Daily Delight 10:00am SandBags - Dini 11:00am Visits with Penny - Vari 11:00am Wheelchair Strolls 2:00pm Pride Party-1st Dini 6:30pm Kareokee- 1st Dini	28 10:00am Balloon Swat - Dini 11:00am I Love Lucy Show - Dini 2:00pm Bingo- 1st DR
29 10:00am Church Service - Dini 11:00am Hymn Sing - Dini 2:00pm Painting Group - TR	30 10:00am Armchair Travel - Dini 10:00am Gentle Touch - Vari 11:00am Coloring - Vari 11:00am House and Home - Dini 1:00pm Daily Delight - Vari 2:00pm Coffee Club - TR 2:00pm Sandbags - Dini 3:00pm Music on the Patio (sensory) - Fron 6:00pm Pet Therapy Visits with Daisy - Vari					

- 1st Floor

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Back - Back Garden

Dini - Dining Room

Fron - Front Entrance

GR - Gathering Room

TR - Tea Room

Vari - Varied/Resident Rooms

Walk - Walking Path

**Programs are subject to change. Please ask recreation department for more details.



Second Floor - Oak Hill & Willow Way

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Church Service - Dini 11:00am Bible Trivia - Dini 2:00pm Sing Along - Dini	2 10:00am Color wheel - Vari 11:00am Wheelchair Strolls - Walk 1:00pm Daily Delight - Vari 2:00pm SandBags - Dini 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	3 10:00am Color Matching Game - Dini 1:00pm Daily Delight - Vari 2:00pm Birthday Party with Georgie - Dini 6:30pm TV BINGO- 1st DR	4 11:00am Gentle Touch - Vari 1:00pm Daily Delight - Vari 2:00pm Bingo -1st DR 2:00pm Plinko - Dini 3:30pm Sangria on the Patio 6:30pm Taste Bud Travel - TR	5 10:00am SandBags - Dini 2:30pm Christian Church Service - Dini 4:15pm Spin it - Dini 6:30pm Lemonade Social - Dini	6 10:00am Coffee Chats-Dini 10:00am Food Committee with Nil- 1st DR 11:00am Outdoor Wheelchair Strolls - Walk 1:00pm Daily Delight - Vari 2:00pm SandBags - Dini 2:30pm Horse Racing-TR 6:30pm Visits with Crumb- VARI	7 Rose Donation from the Rotary Club! 10:00am Laundry Helpers - Dini 11:00am Roses from the Rotary Club - Vari 2:00pm Bingo- 1st DR
8 10:00am Church Service - Dini 11:00am Bible Trivia - Dini 1:00pm Daily Delight VARI - Vari 2:00pm Hour of Music - Dini	9 10:00am Trivia Fun! - Dini 11:00am Doll Therapy - Dini 1:00pm Daily Delight - Vari 1:00pm Wordsearch on the Go - Vari 2:00pm Drumfit-1st DR 4:00pm Art & Music on the Patio 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	10 8:00am Breakfast Club - TR 10:00am Coloring - Vari 10:30am Resident Council -1st DR 11:00am Giant Connect 4 - Dini 1:00pm Daily Delight - Vari 1:00pm Ice Cream Cart - Vari 2:00pm Bingo -1st DR 6:30pm TV BINGO- 1st DR	11 10:00am Sock Matching - Dini 11:00am Sensory Stimulation - Dini 1:00pm Daily Delight - Vari 2:00pm Service with Lawrence - Dini	12 10:00am Matching Game - Dini 2:00pm Catholic Service - Dini 6:30pm Lemonade Social - Dini	13 10:00am Inmu Music Therapy - Vari 11:00am House and Home - Dini 1:00pm Daily Delight - Vari 1:30pm Walmart Outing - 6:30pm Mens Club Pizza & Brews - TR	14 10:00am Laundry Helpers - Dini 11:00am House and Home - Dini 2:00pm Bingo- 1st DR
15 Father's Day 10:00am Church Service - Dini 11:00am Bible Trivia - Dini 2:00pm Fathers Day Social- 1st Dini	16 10:00am Fun Stories - Dini 1:00pm Daily Delight - Vari 2:30pm Father's Day Mini Putt - GR 6:00pm Pet Therapy Visits with Daisy - Vari 6:30pm Fire Pit Party - Fron	17 10:00am Hymn Sing - Dini 11:00am Wheelchair Strolls - Walk 1:00pm Daily Delight - Vari 2:00pm Rock Painting - TR 3:00pm Music on the Patio (sensory) - Fron 6:30pm TV BINGO- 1st DR	18 10:00am Trivia - Dini 11:00am Hand Massages - Dini 1:00pm Daily Delight - Vari 2:30pm Tie Dye Afternoon - TR 6:30pm Visits with Bambi VARI	19 10:00am Chicken Soup For The Soul - Dini 11:00am Music and Memories - Dini 1:00pm Activities on the Go - 2:00pm cookie cart - Vari	20 10:00am Sing Along - Dini 11:00am Closet Cleaning - Vari	21 Indigenous Peoples Day 10:00am Dreamcatcher Craft - TR 10:00am Laundry Helpers - Dini 11:00am Sensory Stimulation - Dini 2:00pm Bingo- 1st DR
22 10:00am Church Service - Dini 11:00am Bible Trivia - Dini 2:00pm Hangman - Dini	23 1:00pm Activities on the Go - Vari 2:00pm Outdoor SandBags 6:00pm Pet Therapy Visits with Daisy - Vari	24 St Jean Baptiste 10:00am The History of St.Jean Baptiste - Dini 11:00am Coloring - Vari 1:00pm Daily Delight - Vari 2:00pm Bingo -1st DR 2:00pm Board Games - Dini 6:30pm TV BINGO- 1st DR	25 11:15am Picnic by the water Outings - 3:15pm Ice cream Cart - Vari	26 11:30am Canada Day BBQ - Back	27 10:00am Daily Delight 11:00am Wheelchair Strolls 2:00pm Pride Party-1st Dini 6:30pm Kareokee- 1st Dini	28 10:00am Laundry Helpers - Dini 11:00am House and Home - Dini 2:00pm Bingo- 1st DR
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- 1st Floor

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Heartwood Long Term Care



June Newsletter 2025



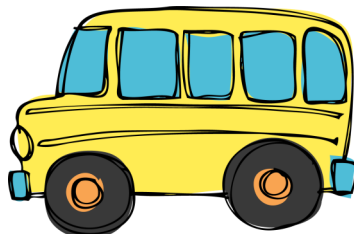
**Happy Fathers day
to all the
Queensway dads!**

A Father is neither an anchor
to hold us back, nor a sail to
take us there, but a guiding
light whose love shows us
the way.

Please join us Monday June
16th for a Mini Putt Circuit
Father's Day Event



**The Hairdresser
is be here Tuesday &
Thursday**



Outings

13th 1:30-4pm Walmart
25th 11:15-1:30 Picnic at
Lamoureux Parc

Entertainment

3rd: Music with Georgie– 2pm

8th: Hour of Music with
Rachelle– 2pm

18th: Music with Spence
Scharf– 2pm

20th: Music with Gerry –2pm



June is Senior's Month

Get active this month! Each day
you have an opportunity get ac-
tive. It will make you feel better
physically and mentally.

Keep yourself well balanced by
utilizing all
5 domains.

Social, Physical, Intellectual,
Emotional, & Spiritual.

PARTICIPATION



A colorful, stylized "Happy Birthday" graphic with various decorations like flowers, a ladybug, and a sun.

Resident Birthdays

1st Jacoba De Moor
2nd Margaret Diabo
3rd Lawrence Tessier
7th Gail Paul
11th Fay Migneault
14th Nicole Bard
14th Rejean Gagne
19th Robert Latour
20th Stanislaw Zaleski



Join us for
Campfires
Throughout
June, July, &
August

A graphic with the word "LIVE" in large, stylized letters. Each letter is part of a blue block with an arrow pointing right. To the left of the blocks is a green ribbon with text.

Our Vision:
Bridging
lives
together
with
meaning
and
purpose.

Our Mission:
To provide
quality care
and services
through
innovation
and
excellence.

Live life to
the fullest

Implement change
through innovation

Value freedom
of choice

Exceed
expectations

SOUTHBRIDGE
CARE HOMES

EXTENDICARE
assist
Management & Consulting Group

Heartwood Long Term Care



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Southbridge Professional Care Team

- Lilibeth Medina—Interim Executive Director**
lmedina@southbridgecare.com
- Susan Coderre—Director of Care**
scoderre@southbridgecare.com
- Crystal-Lee Russell—Associate Director of Care**
crussell@southbridgecare.com
- Caroline Seguin—Recreation Manager**
cseguin@southbridgecare.com
- Lynda Cuthbertson—Resident Services Coordinator**
lcuthbertson@southbridgecare.com
- Nilesh Chavda—Food Services Manager**
nchavda@southbridgecare.com
- Keerthi Reddy—Office Manager**
kchangal@southbridgecare.com
- Kelly Denny—Environmental Services Manager**
kdenny@southbridgecare.com
- Christine Carter—Ward Clerk**
ccarter@southbridgecare.com
- Amanda Longchamps—IPAC Manager**
alongchamps@southbridgecare.com

Resident council Leaders

- Jacques Lecuyer—President**
- Madeleine Cheffer— Secretary**
- Donna Laporte—Treasurer**
- Caroline Seguin—Residents’ Council Assistant**

- Meetings are held every 2nd Tuesday of each month at 10:30am
- Food Committee Meetings are held every 1st Friday of each month at 10am

Family Council Meeting Leaders

Next Meeting: June 24th at 6:30pm

Joanne Carbonnell—President

We are currently looking for a secretary and other members to join Family Council.

- Meetings are held monthly

ALL FAMILY MEMBERS AND FRIENDS ARE EN-